



Parent University 2006

Saturday, October 21, 2006, 8:00 a.m.-12:30 p.m.

Monroe Middle School

1855 Manchester Road, Wheaton, IL 60187

The Social Workers of District 200 present their annual Parent University for the 2006-2007 school year. Registration for the day will be \$15.00. Workshop information and instructions for the registration process are included. Questions can be directed to social workers, Donna Kozica at 682-2165 or Gary Luckey at 784-7208.

Agenda

8:00-8:45	Check-in/Continental Breakfast
8:45-9:00	Welcome
9:00-10:00	First Session Workshops
10:10-11:10	Second Session Workshops
11:20-12:20	Third Session Workshops

Session One: 9-10:00 a.m.

- ❑ ***The Superiority/Inferiority Syndrome: Avoiding the Competition Game:*** When we measure ourselves we usually come up short. This workshop explores how to avoid the superiority/inferiority measuring trap. *Dr. Michael Maniacci*
- ❑ ***Anxiety's Effects on Schools:*** This session will focus on assisting parents with homework refusal and perfectionism, as well as students who worry about attending school. *Dr. Patrick McGrath*
- ❑ ***Managing Anger: Yours, Mine and Ours:*** Anger can be good, bad and even ugly at times. Learn practical skills to diffuse and control anger such as how to express it and when not to. *Margie Salyer*

Session Two: 10:10-11:10 a.m.

- ❑ ***Helping Your Child Succeed in School:*** This session will provide ideas for effective involvement and communication with school staff, teaching social skills and enhancing homework skills. *Mary Cortes, LCSW, ACSW and Jacquilyn Croci*
- ❑ ***Bullies: Understanding and Dealing with Them:*** This workshop explores how to handle bullies and those that are bullied by them. The role of parent and teacher will be explored in how to teach problem solving skills to both groups. *Dr. Michael Maniacci*
- ❑ ***How to Build Healthy Family Relationships:*** What makes relationships succeed or fail? Based on John Gottman's 20-year research, learn the traits of great relationships and the four horseman of the apocalypse. *Margie Salyer*

Session Three: 11:20-12:20 p.m.

- ❑ ***Raising Responsible Children:*** This session will discuss various ways parents inadvertently enable their children and will explain how enabling can lead to negative behavior. *Claudia Evenson*
- ❑ ***ADHD: The Diagnosis Dilemma:*** This workshop will explore the problems with diagnoses such as ADHD/PDD/Bipolar Disorders and the importance of determining when additional testing might be warranted. *Dr. Scott Johnson*
- ❑ ***Helping Kids Succeed in Life:*** Learn four key skills that will 1.) empower your child, 2.) increase problem solving abilities, 3.) instill confidence in them, and 4.) motivate them to succeed in life. This workshop will inspire and encourage you as a parent, and affirm the very best in you as an individual. *Dr. Michael Litow*

Please fill out the registration form and return to Sue Taddeucci, WNHS, One Falcon Way, Wheaton, IL 60187



Parent University 2006

Sponsored by District 200 Social Workers

Registration Form

Cost for Parent University is \$15.00 for a single and \$20.00 for a couple.
Scholarships are available based on need.
To register please complete and send the following form to Sue Taddeucci
@ WNHS, One Falcon Way, Wheaton, IL 60187.

Make checks payable to CUSD District 200.

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

*Please indicate both 1st and 2nd choice for each workshop.
Each session is limited to 25 participants.*

Session One 9:00-10:00 a.m.

_____ *Superiority/Inferiority*

_____ *Anxiety's Effects*

_____ *Managing Anger*

Session Two 10:10 – 11:10 a.m.

_____ *Child Success in School*

_____ *Understanding Bullies*

_____ *Build Healthy Relationships*

Session Three 11:20 – 12:20 p.m.

_____ *Raising Responsible Children*

_____ *ADHD: Diagnosis Dilemma*

_____ *Kids Success in Life*