

COMMUNITY UNIT SCHOOL DISTRICT 200

Adult Living High School – Grades: 10, 11, 12 Intermediate Level - One Semester Elective

1. Subject Expectation (State Goal 1) The student will write to communicate for a variety of purposes.

Essential Learning 1 (Learning Standard C)	Communicate ideas in writing to accomplish a variety of purposes
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| Critical Content | 3.C.4a | a. write for real or potentially real situations in academic, professional and civic contexts (e.g., college applications, job applications, business letters, petitions) <ul style="list-style-type: none">• demonstrate job seeking and job keeping skills• research a career of personal interest and write how the career will affect the decision making process throughout the life cycle |
| | 3.C.4b | b. using available technology, produce compositions in multimedia works for specified audiences <ul style="list-style-type: none">• examine the impact of changing technologies in the workplace and community• determine and utilize forms of technology that will help manage resources• explain how technology can benefit individuals, families and society• explore the effects of changing technology on family and consumer decision making• develop skills for purchasing high tech consumer products• develop a brochure or flyer with information on using technology wisely• utilize power point for research presentations• calculate the cost of preparing for a child by using an excel spread sheet |

2. Subject Expectation (State Goal 4) The student will listen and speak effectively in a variety of situations.

Essential Learning 1 (Learning Standard B)	Speak effectively using language appropriate to the situation and audience
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| Critical Content | 4.B.4a | a. deliver planned informative and persuasive oral presentations using visual aids and contemporary technology as individuals and members of a group; demonstrate organization, clarity, vocabulary, credible and accurate supporting evidence <ul style="list-style-type: none"> • apply communication skills appropriate to school, family, career and community settings • describe various communication skills • examine listening as an important step in communication |
| | 4.B.4b | b. use group discussion skills to assume leadership and participant roles within an assigned project or to reach a group goal <ul style="list-style-type: none"> • develop leadership skills appropriate for the school, workplace and community • explain guidelines in conflict resolution and apply positive conflict resolution to your own life |

3. Subject Expectation (State Goal 6) **The student will demonstrate and apply a knowledge and sense of numbers, including numeration and operations (addition, subtraction, multiplication, division), patterns, ratios and proportions.**

Essential Learning 1 (Learning Standard B)	Investigate, represent and solve problems using number facts, operations (addition, subtraction, multiplication, division) and their properties, algorithms and relationships
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| Critical Content | 6.B.4 | a. select and use appropriate arithmetic operations in practical situations including calculating wages after taxes, developing a budget and balancing a checkbook <ul style="list-style-type: none"> • explore financial management practices that allow families to maintain economic self-sufficiency • explain the reasons for various paycheck deductions |
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Essential Learning 2 (Learning Standard C)	Compute and estimate using mental mathematics, paper-and-pencil methods, calculators and computers
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| Critical Content | 6.C.4 | a. determine whether exact values or approximations are appropriate (e.g., bid a job, determine gas mileage for a trip) <ul style="list-style-type: none"> • define budget terms • develop a realistic monthly budget based upon a set income, which includes: savings, housing, utilities, transportation, clothing, food, entertainment, and misc. categories • utilize a computer program for management strategies |
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- make real-life connections and applications of mathematical principles in recipes (ratios, proportions, financial calculations)

Essential Learning 3 (Learning Standard D)	Solve problems using comparison of quantities, ratios, proportions and percents
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- Critical Content 6.D.4 a. solve problems involving recipes or mixtures, financial calculations and geometric similarity using ratios, proportions and percents
- demonstrate food preparation procedures that can help you avoid common problems
 - demonstrate skills in time and money management leading to efficient planning and shopping
 - determine the costs of preparing for a baby by holding a mock baby shower

4. Subject Expectation (State Goal 15) The student will understand economic systems, with an emphasis on the United States.

Essential Learning 1 (Learning Standard B)	Understand that scarcity necessitates choices by consumers
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- Critical Content 15.B.4a a. explain the costs and benefits of making consumer purchases through differing means (e.g., credit, cash)
- examine consumer credit responsibilities
 - identify your rights and responsibilities as a consumer

5. Subject Expectation (State Goal 23) The student will understand human body systems and factors that influence growth and development.

Essential Learning 1 (Learning Standard B)	Explain the effects of health-related actions on the body systems
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- Critical Content 23.B.4 a. explain immediate and long-term effects of health habits on the body systems (e.g., diet/heart disease, exercise/fat reduction, stress management/emotional health)
- develop and maintain healthy relationships
 - plan and develop a well balanced meal in the culinary arts laboratory
 - learn the importance of the food guide pyramid, utilizing a computer nutrition program
 - identify strategies to manage with stress

**Essential Learning 2
(Learning Standard C)**

Describe factors that affect growth and development

- Critical Content 23.C.4 a. describe changes in physical health and body functions at various stages of the life cycle
- examine and facilitate personal growth and development
 - explain the human reproductive process, infertility, pregnancy, birth and the steps that lead to a healthy lifestyle

**6. Subject Expectation
(State Goal 24)**

The student will promote and enhance health and well-being through the use of effective communication and decision-making skills.

**Essential Learning 1
(Learning Standard B)**

Apply decision-making skills related to the protection and promotion of individual health

- Critical Content 24.B.4 a. explain how decision making affects the achievement of individual health goals
- examine parenting practices that maximize human growth and development
 - identify the social, emotional, physical, intellectual, and financial considerations of parenting
 - identify the challenges and rewards of parenting
 - explain how values, goals, and resources influence decision-making in daily life experiences
 - demonstrate decision-making skills regarding purchasing, creating, and maintaining clothing