



Parent University 2009

Saturday, October 17, 2009, 8:00 a.m.-12:30 p.m.

Hubble Middle School

3S600 Herrick Road, Warrenville, IL 60555

The Social Workers of District 200 present their annual Parent University for the 2009-2010 school year. Registration for the morning will be \$15.00. If you are feeling the effects of the economy scholarships are available! No one will be turned away! Contact social workers, Donna Kozica at 836-0354 or Gary Luckey at 784-7208 for more information.

Workshop information and instructions for the registration process are included.

Agenda

8:00-8:45	Check-in/Continental Breakfast
8:45-9:00	Welcome
9:00-10:00	Keynote Presentation
10:10-11:10	First Session Workshops
11:20-12:20	Second Session Workshops

Keynote Presentation

“Parenting: Smooth Sailing In Rough Waters”

Everyone knows times are challenging in this economic downturn. Well known Parent University presenter and Clinical Psychologist, Dr. Michael Maniacci, will look at how to keep families up when life tries to pull them down! Dr. Maniacci’s humorous and insightful presentations have made him a Parent University favorite!

Session One: 10:10-11:10 a.m.

- ❑ **Practical Discipline Techniques:** Learn practical techniques and strategies for dealing with misbehavior while still keeping your sense of humor. *Dr. Michael Maniacci*
- ❑ **Managing Anger: Yours, Mine, and Ours:** Anger can be good, bad and even ugly at times! Explore simple ways to understand anger, when to express it and how to handle it when you’re angry and your child is angry too! *Margie Salyer*
- ❑ **Facebook and My Space and Websites, Oh My!:** Are your children surfing the social networking sites? This session will focus on how students are using and misusing networking sites, cell phones, and the internet in general. Ways that parents can safeguard their child will be shared. *Griffin Sonntag*

Session Two: 11:20-12:20 p.m.

- ❑ **Emotional Intelligence:** A child’s “EQ” may matter more than his or her “IQ” in determining success in life. Discover more about emotional intelligence and how you can boost it! *Celeste Sorensen*
- ❑ **Of Course You Can’t Hear Me With Your iPod On!:** Do you ever feel when you’re talking to your adolescent that it is falling on deaf ears? Come and learn some strategies for talking to your child so they will listen. *Donna Kozica and Gary Luckey*
- ❑ **MOM! He’s Doing It Again:** Are sibling conflicts driving you to the brink? This workshop will help parents remove themselves from the middle while assisting siblings in finding peaceful solutions. *Julia Rodriguez*

Please fill out the registration form and return to
Wheaton, IL 60187

Sue Taddeucci, WNHS, One Falcon Way,



Parent University 2009

Sponsored by District 200 Social Workers

Registration Form

Cost for Parent University is \$15.00 for a single and \$20.00 for a couple.
Scholarships are available!

To register please complete and send the following form to Sue Taddeucci at
WNHS, One Falcon Way, Wheaton, IL 60187.

Make checks payable to CUSD District 200.

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

Keynote Presentation

_____ *Parenting: Smooth Sailing In Troubled Waters*

*Please indicate both 1st and 2nd choice for Session One and Session Two.
Each session has limited participants.*

Session One 10:10 - 11:10 a.m.

Session Two 11:20 - 12:20 a.m.

_____ *Practical Discipline*

_____ *Emotional Intelligence*

_____ *Managing Anger*

_____ *Of Course You Can't...*

_____ *Face Book, My Space...*

_____ *MOM! He's doing it...*

