



EC/Kindergarten Notes Home

What is My Child Learning

Your child is learning the Always Ask First Rule: Always ask a parent or the bigger person in charge. Your child is learning that safe touches are positive and caring, and unsafe touches hurt your body, and how to say no assertively to unwanted touches, whether safe or unsafe. Your child also learned the Touching Rule and how to say no and tell an adult if this rule is broken. The Touching Rule: A bigger person should never touch your private parts, except to keep you healthy.

Why is This Important

Students need to know that unsafe touches are not ok and they can refuse any touch they don't want, even if it is safe. Learning the Touching Rule and what parts are private (those covered by a swimsuit) helps your child recognize sexual abuse so he or she can say no and tell an adult about it.

ASK YOUR CHILD

What are some unsafe touches? (kicking, hitting, pinching)

What are some safe touches?(hugs, holding hands)

What should you say if someone touches you in an unsafe way or if you do not want to be touched? (Stop, that's not ok, Please don't touch me I don't want to be touched.

What is the Touching Rule? (A bigger person should never touch your private body parts except to keep you healthy)

What should you do if someone breaks the Touching Rule? (Say, "no I don't want to be touched" and tell an adult.



FIRST GRADE HOME NOTE

What Is My Child Learning

Your child is learning that safe touches are positive and caring, and unsafe touches hurt your body, and how to say no assertively to unwanted touches, whether safe or unsafe.

Your child is learning the Ways to Stay Safe. The Ways to Stay Safe are
Recognize: Is it safe? What's the rule?
Refuse: Say words that mean no. Report: Tell an adult.

Your child is also learning the Touching Rule: A person should never touch your private body parts except to keep you healthy. Your child is also learning how to say no and to tell an adult when someone breaks the rule.

Why Is This Important

Students need to know the difference between safe and unsafe touches, that unsafe touches are not okay, and that they can refuse any touch they don't want, even if it's safe. This can help protect them from sexual abuse.

The Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult.

Although not covered in the lessons knowing correct names for private body parts help your child be understood when reporting.

ASK YOUR CHILD

What are some unsafe touches? *Possible answers: Kicking, hitting, pinching*

What should you say if someone touches you in an unsafe way? *Possible answers: Stop, that hurts me. Stop, that's not okay.*

What are some safe touches?: *Possible answers: Hugs, holding hands*

What can you say if someone wants to touch you, but you don't want to be touched? *Possible answers: Please don't touch me, I don't want to be touched.*

What are the Ways to Stay Safe? *Recognize: Is it safe? What's' the rule?
Refuse: Say words that mean no. Report: Tell an adult.*

What is the Touching Rule? *Second Step answer: A person should never touch your private body parts except to keep you healthy.*

What are your private body parts? *Parts covered with swim suit*

What should you do when a person breaks the Touching Rule? *Say "No, I don't want to be touched," and tell an adult.*



SECOND GRADE HOME NOTE

What Is My Child Learning

Your child is learning Ways to Stay Safe; Recognize, Report, Refuse. Your child is also learning to follow the Always Ask First Rule; ask a parent or person in charge before going somewhere, doing something or taking something from someone else.

Your child is learning that safe touches are positive and caring, unsafe touches hurt your body, and how to assertively say no to unwanted touches, safe or unsafe.

Your child is learning the Touching Rule: a person should never touch your private body parts except to keep you healthy. Your child is also learning to use the Ways to Stay Safe when someone breaks the Touching Rule.

Your child is learning the Never Keep Secrets Rule - never to keep secrets about touching, that it's never his or her fault if someone breaks the Touching Rule, and to keep telling adults about a broken Touching Rule until someone helps.

Why This Is Important

Children need to know that unsafe touches are not okay. They also need to know they can refuse any touch they don't want, even if it's safe. This can help protect them from sexual abuse.

The Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult. Although not covered in the lessons knowing the correct names for private body parts helps your child be understood when reporting.

The Never Keep Secrets Rule helps your child understand that secrets about touching are not okay.

ASK YOUR CHILD

What are the Ways to Stay Safe? *Recognize, Report, Refuse*

What is the Always Ask First Rule? *Always ask a parent or the person in charge first.*

What is the difference between a safe and an unsafe touch? *Possible answers include safe touches make you feel happy or loved; unsafe touches hurt -- like pushing, hitting, kicking.*

What is the Touching Rule? *A person should never touch your private parts except to keep you healthy.*

What is the Never Keep Secrets Rule? *You should never keep secrets about touching.*



THIRD GRADE HOME NOTE

What is My Child Learning

Your child is learning the difference between safe and unsafe touches and how to say no assertively to unwanted touches, whether safe or unsafe. Safe touches are positive and caring. Unsafe touches hurt your body.

Your child is also learning the Touching Rule: a person should never touch your private body parts except to keep you healthy.

Your child is also learning to use the Ways to Stay Safe when someone breaks the Touching Rule.

Why is This Important

Children need to know that unsafe touches are not okay. They also need to know they can refuse any touch they don't want, even if it's safe. This can help protect them from sexual abuse. Although not covered in lessons knowing the correct names for private body parts helps your child be understood when reporting.

The Touching Rule helps your child recognize sexual abuse so he or she can say no and tell an adult.

ASK YOUR CHILD

What is the difference between a safe and unsafe touch?

What is the Touching Rule?

Read Together

People touch each other every day. Some touches make you feel happy or loved and are good for your body. These are safe touches. Other touches hurt. These are called unsafe touches. Pushing, kicking, hitting, and pinching are examples of unsafe touches. If you don't want a touch, even if it is a safe touch, you can say no to the person touching you. It's okay to say no to unwanted touches.

The Touching Rule: A person should never touch your private body parts except to keep you healthy. Remembering the Touching Rule will help keep you safe. You can pay attention to uncomfortable feelings in your body to help you recognize when someone breaks the Touching Rule.

Remember, it is never your fault if someone breaks the Touching Rule.

FOURTH GRADE HOME NOTE

What is My Child Learning

Your child is learning the difference between safe and unsafe touches and how to say no assertively to unwanted touches, whether safe or unsafe. Safe touches are positive and caring. Unsafe touches hurt your body.

Your child is also learning the Private Body Part Rule: Private Body Parts are private. No one should ever

1. Touch yours, except a doctor or nurse
2. Ask to see your, except a doctor or nurse
3. Make you look at his or hers, or anyone else's and never touch anyone else's

Your child is also learning to use the Ways to Stay Safe when someone breaks the Touching Rule.

Why is This Important

Children need to know that unsafe touches are not okay. They also need to know they can refuse any touch they don't want, even if it's safe. This can help protect them from sexual abuse. Although not covered in lessons knowing the correct names for private body parts helps your child be understood when reporting.

The Private Body Part Rule helps your child recognize sexual abuse so he or she can say no and tell an adult.

ASK YOUR CHILD

What is the difference between an unwanted and unsafe touch?

What should you do if someone breaks the Private Body Part rule?

Read Together

People touch each other every day. Some touches make you feel happy or loved and are good for your body. These are safe touches. Other touches hurt. These are called unsafe touches. Pushing, kicking, hitting, and pinching are examples of unsafe touches. If you don't want a touch, even if it is a safe touch, you can say no to the person touching you. It's okay to say no to unwanted touches.

Private Body Parts are private. No one should ever

1. Touch yours, except a doctor or nurse.
2. Ask to see your, except a doctor or nurse.
3. Make you look at his or hers, or anyone else's and never touch anyone else's

Remember, it is never your fault if someone breaks the Private Body Part Rule.

FIFTH GRADE HOME NOTE

What is My Child Learning

Your child is learning the difference between safe and unsafe touches and how to say no assertively to unwanted touches, whether safe or unsafe. Safe touches are positive and caring. Unsafe touches hurt your body.

Your child is also learning the Private Body Part Rule: Private Body Parts are private. No one should ever

1. Touch yours, except a doctor or nurse
2. Ask to see your, except a doctor or nurse
3. Make you look at his or hers, or anyone else's and never touch anyone else's

Your child is also learning to use the Ways to Stay Safe when someone breaks the Touching Rule.

Why is This Important

Children need to know that unsafe touches are not okay. They also need to know they can refuse any touch they don't want, even if it's safe. This can help protect them from sexual abuse. Although not covered in lessons knowing the correct names for private body parts helps your child be understood when reporting.

The Private Body Parts Rule helps your child recognize sexual abuse so he or she can say no and tell an adult.

ASK YOUR CHILD

What is the difference between an unwanted and unsafe touch?

What should you do if someone breaks the Private Body Part rule?

Read Together

People touch each other every day. Some touches make you feel happy or loved and are good for your body. These are safe touches. Other touches hurt. These are called unsafe touches. Pushing, kicking, hitting, and pinching are examples of unsafe touches. If you don't want a touch, even if it is a safe touch, you can say no to the person touching you. It's okay to say no to unwanted touches.

Private Body Parts are private. No one should ever

1. Touch yours, except a doctor or nurse.
2. Ask to see your, except a doctor or nurse
3. Make you look at his or hers, or anyone else's and never touch anyone else's

Remember, it is never your fault if someone breaks the Private Body Part Rule.

