

DISTRICT 200 GUIDELINES FOR INTERSCHOLASTIC SPORTS INFORMATION FOR PARENTS AND STUDENTS

Students of CUSD 200 middle schools have the opportunity to participate in interscholastic athletic competition in five sports:

Volleyball (girls)
Cross Country (boys/girls)
Basketball (boys/girls)
Wrestling (boys/girls)
Track (boys/girls)

Volleyball, basketball, and track & field are offered to 7th and 8th grade students while cross country and wrestling are offered to 6th, 7th, and 8th grade students. It is District 200's belief that interscholastic athletic programs promote:

- Healthy bodies and minds
- Positive use of leisure time
- Mastering of athletic skills
- Development of leadership and social skills

Each sport consists of regular season contests with a tournament or multi-school contest at the conclusion of the season. Playing time for each athlete is at the discretion of the coach and coaches are encouraged to make every effort to play as many athletes as possible in a contest. The minimum number of participants for volleyball is 15 and basketball is 12. Students are responsible for returning any equipment or uniforms issued to them by the school. Bus transportation will be provided for all athletic contests. Parents may take their athletes home from away games and there will be a sign – out sheet for parents to sign. If a parent is providing transportation for another athlete a signed parent note must be given to the coach.

Each student participating in interscholastic sports is expected to conduct himself/herself in an appropriate manner. If at any time a member of a team is not displaying good sportsmanship and citizenship, the student is subject to discipline, suspension, or dismissal from the team.

REQUIREMENTS FOR PARTICIPATION:

- A \$125 fee is required and due within one week of the first practice. Please make checks out to CUSD 200, or you may pay online by emailing Nancy Stratman for the sports fee to be added to your student's PARENTVUE Account (Nancy.Stratman@cUSD200.org).
- All outstanding school fees and fines must be paid before the first competition.
- A physical examination by a physician and a statement assuring that the student's health status allows for active athletic competition prior to tryouts/practice.
- Parent Consent form.
- Concussion form.
- Any other forms that an individual coach may require
- Students may not be failing more than one class.
- If a student does not meet the above requirement, he/she is placed on probation for one week. The student remains eligible during that week. After the week of probation, the student's progress is again checked. If his/her progress does not meet the above requirements, they are ineligible the following week. Only one probation period is allowed before the student is dismissed from the team.
- The student's eligibility is determined by the student's cumulative grade for the course, up to the date the check is made.
- If a student receives an in school suspension he/she is not permitted to dress for the next contest. If the student receives an out of school suspension, he/she is not permitted to dress for the next two games.
- One-half day of attendance is required on the day of a contest. 8:00 – 11:30am or 11:30 to 3:00pm.
- Any athlete who is excused from PE with a Parent/Medical Note will not be allowed to participate in practices, games, or meets while they are excused from PE.
- Eligibility checks of grades will be conducted weekly beginning the third week of the season.
- Any unusual circumstances will be reviewed by the Principal, Athletic Director, and Counselor.

I understand and agree to the interscholastic sports guidelines listed in this document:

Student-athlete Name Printed

Student-athlete Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date