

NCAA and The College Process



NCAA Sports

- ❑ NCAA conducts 90 nation championships in 24 sports across Divisions I, II and III.
- ❑ 45 Championships administered for women and 42 for men.
- ❑ Almost 54,000 student- athlete participate in NCAA Championships each year.

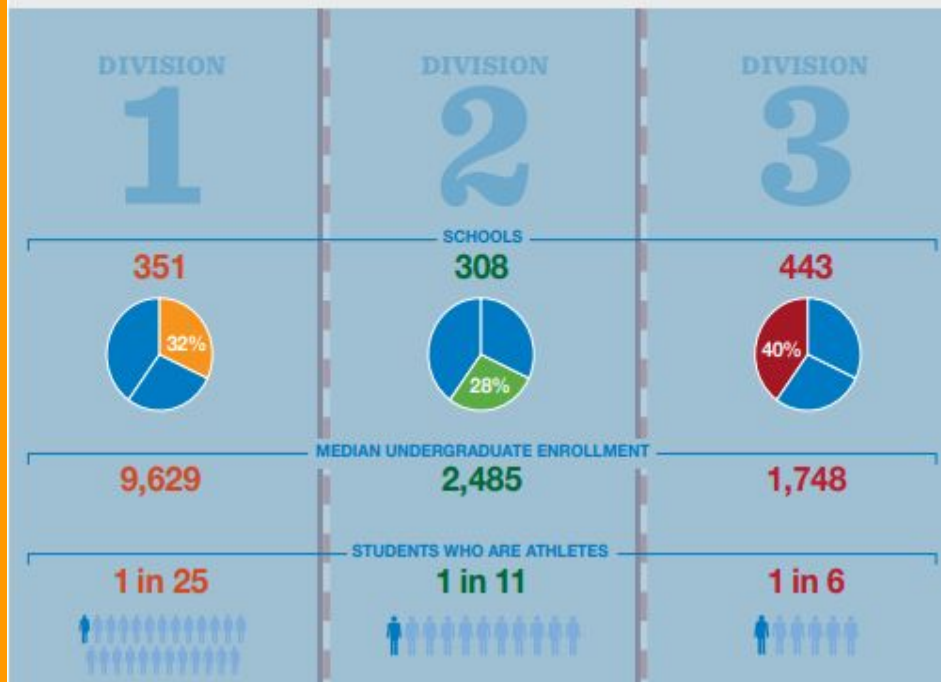
FALL SPORTS		WINTER SPORTS		SPRING SPORTS		EMERGING SPORTS
Men:	Women:	Men:	Women:	Men:	Women:	Women:
Cross Country	Cross Country	Basketball	Basketball	Baseball	Beach Volleyball	Equestrian
Football	Field Hockey	Fencing	Bowling	Golf	Golf	Rugby
Soccer	Soccer	Gymnastics	Fencing	Lacrosse	Lacrosse	Triathlon
Water Polo	Volleyball	Ice Hockey	Gymnastics	Outdoor Track and Field	Outdoor Track and Field	
		Indoor Track and Field	Ice Hockey	Tennis	Rowing	
		Rifle	Indoor Track and Field	Volleyball	Softball	
		Skating	Rifle		Tennis	
		Swimming and Diving	Skating		Water Polo	
		Wrestling	Swimming and Diving			

NCAA Divisions and Scholarships

- ❑ 2% of High School athletes are awarded athletic scholarships to compete in college.
- ❑ Division I, II, and III
- ❑ Division I
 - ❑ Schools can provide tuition and fees, room and board, books and other expenses related to attendance at their school.
- ❑ Division II
 - ❑ Full scholarships cover tuition and fees, room and board, and course-related books and supplies.
- ❑ Division III
 - ❑ No Athletic scholarship money.

Our Three Divisions

The NCAA's three divisions were created in 1973 to align like-minded campuses in the areas of philosophy, competition and opportunity.



DIVISION

1

DIVISION

2

DIVISION

3

SCHOOLS

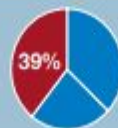
AVERAGE NUMBER OF TEAMS PER SCHOOL

19

16

18

PERCENTAGE OF NCAA STUDENT-ATHLETES IN DIVISION



ATHLETICS SCHOLARSHIPS

Multiyear, cost-of-attendance athletics scholarships available

59 percent of athletes receive athletics aid

Partial athletics scholarship model

62 percent of athletes receive athletics aid

No athletics scholarships

80 percent of athletes receive nonathletics aid



NCAA Div I,II, and III Time Management

- ❑ Time Management is a key to any college student's success. Realities are:
- ❑ Division I - time spent on activities per week (168 hours)
 - ❑ Full - time highly demanding and busy all year round.
 - ❑ 38.5 hours - Athletics
 - ❑ 34 hours - Academics
 - ❑ 17.1 hours - Socializing
 - ❑ 78.4 - Other (sleeping, job, extracurricular)
 - ❑ Two- Thirds of Div. I athletes say they spend more time in off-season on athletics than during their competitive season.

NCAA Div I,II, and III Time Management

Division II

- ❑ 38.5 hours - Academics
- ❑ 34 hours - Athletics
- ❑ 18.3 hours Socializing
- ❑ 77.2 Other (Sleeping, job, extracurricular)

Division III

- 40.5 hours -Academics
- 28.5 hours - Athletics
- 17.5 - Socializing
- 81.5 hours other (sleeping, job, extracurricular)



This is to help you understand the demands of playing college athletics.

NCAA Eligibility

Div I and II

- **Students need to be prepared academically to succeed in college**
- **If you want to practice, compete and receive athletic scholarship \$**
- **NCAA eligibility Center**
- **NCAA Clearinghouse**
- **Academic courses in High School (Core Academic only)**
 - **English, Math, Science, Social Science, Foreign language or comparative religion/philosophy**
 - **16 Core - course requirements - Both Div I and II**
 - **GPA**
 - **Test scores - ACT and SAT**

Test Scores / Transcripts

ACT and SAT

- Junior/senior year - standardized test

NATIONAL TESTING DATES	
SAT	ACT
Aug. 25, 2018	Sept. 8, 2018
Oct. 6, 2018	Oct. 27, 2018
Nov. 3, 2018	Dec. 8, 2018
Dec. 1, 2018	Feb. 9, 2019
March 9, 2019	April 13, 2019
May 4, 2019	June 8, 2019
June 1, 2019	July 13, 2019

- ACT Sum Score = Adding English, math, reading and science subscores
- SAT Sum Score= adding Critical reading and math subscores

Transcripts

- After you completed 6 semesters you will upload transcripts to NCAA Eligibility Center

Core Courses

NCAA schools Div I and II require college-bound athletes to build a foundation at high school to prepare them for the academic expectations in college. Div III based on school requirements

- High Schools have NCAA - approved core courses and it MUST meet these conditions
 - Be a four-year college preparatory course in one of the subject areas:
 - English
 - Math (Algebra 1, or higher)
 - Natural/Physical science
 - Social science
 - Foreign language
 - Comparative religion or Philosophy
- Receive High school credit credit towards graduation
- Meet with School Counselor
 - Make sure your taking the appropriate approved courses (Not all academic classes are approved)
 - Each High school has different approved courses

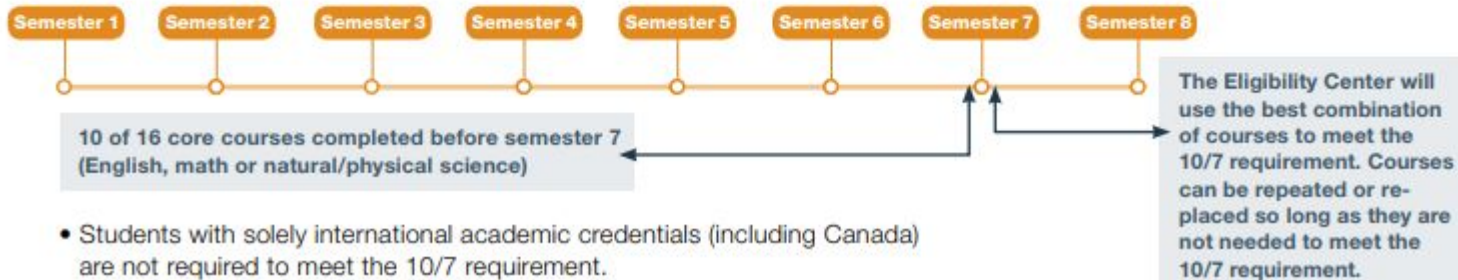
Academic Standards

Division I

1. Complete a total of 16 core courses in the following areas:



2. Complete 10 of your 16 core courses, including seven in English, math or natural/physical science, before the start of your seventh semester. Once you begin your seventh semester, you must have more than 10 core courses completed to be able to repeat or replace any of the 10 courses used to meet the 10/7 requirement.



Academic Standards

Division II

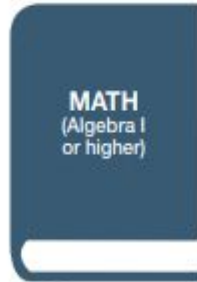
To be eligible to practice, compete and receive scholarship, you must graduate from high school and meet the following requirements.

1. Complete 16 core courses in the following areas:



ENGLISH

3 years



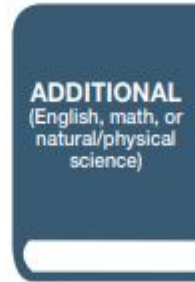
MATH
(Algebra I
or higher)

2 years



**NATURAL/
PHYSICAL
SCIENCE**
(Including one
year of lab,
if offered)

2 years



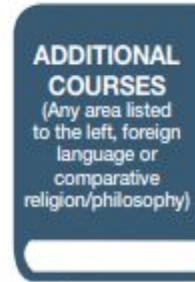
ADDITIONAL
(English, math, or
natural/physical
science)

3 years



**SOCIAL
SCIENCE**

2 years



**ADDITIONAL
COURSES**
(Any area listed
to the left, foreign
language or
comparative
religion/philosophy)

4 years

2. Earn an SAT combined score or ACT sum score that matches your core-course GPA (minimum 2.200) on the Division II full qualifier sliding scale.

Get Ready. Get Set. Go!

GRADE 9

Plan

- Start planning now!* Take the right courses and earn the best grades possible.
- Ask your counselor for a list of your high school's NCAA-approved core courses to make sure you take the right classes.
- Sign up for a free Profile Page at eligibilitycenter.org for information on NCAA academic and amateurism requirements.

GRADE 10

Register

- If you fall behind academically, ask your counselor for help finding approved courses you can take.
- Register for a Profile Page or Certification Account with the NCAA Eligibility Center at eligibilitycenter.org.

GRADE 11

Study

- Check with your counselor to make sure you are on track to complete the required number of NCAA-approved courses.
- Take the ACT or SAT and submit your scores to the NCAA Eligibility Center using code **9999**.
- At the end of the year, ask your counselor to upload your official transcript to the NCAA Eligibility Center. If you took classes at more than one high school or program, ask each school to submit an official transcript.
- Make sure you are on track to graduate on time with your class.

GRADE 12

Graduate

- Complete your final NCAA-approved core courses as you prepare for graduation.
- Take the ACT or SAT again, if necessary, and submit your scores to the NCAA Eligibility Center using code **9999**.
- Request your final amateurism certification beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your NCAA Eligibility Center account at eligibilitycenter.org.
- After you graduate, ask your counselor to send or upload your final official transcript with proof of graduation to the NCAA Eligibility Center.
- Reminder:* Only students on an NCAA Division I or II school's institutional request list will receive a certification.

College and Athletics

- Get good grades in high school - MOST IMPORTANT!!!!
 - GPA - matters Minimum 2.2 Div I and 2.0 Div II
 - Strive for excellence - Get the best grades possible
 - ACT/SAT scores important
- Have a plan - meet with School counselor to help with this.
- Create a Highlight video (games, practices, skills)
 - Meet with Club coach to help
- Meet with Club/ high school coach
 - To discuss realistic expectations
 - What level of play
 - Help with recruiting process
- Attend ID camps
 - Colleges coaches can see you play
- Go to NCAA.org
 - Student athletes
 - NCAA clearinghouse
 - Register beginning of Junior year



College and Athletics

College

- Visit Colleges - Big, small, and medium sized schools
- Find your fit - not all schools are for everyone(too big, close to home, city, suburban)
- Academically realistic
- Athletically realistic
- Majors - do they have what your interested in?
- Have fun in the journey

Number one question:

IF YOU GOT HURT OR DO NOT LIKE THE COACH, OR JUST NOT WANTING TO PLAY ANYMORE - WOULD YOU STILL WANT TO ATTEND THE COLLEGE/UNIVERSITY?

IF you can answer YES - then this is a good school for you.... IF it is NO - then you need to find a school that is the right fit all around.

NCAA Websites

<https://web3.ncaa.org/ecwr3/>