



2020 Edison Track Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
March 23	March 24-1st practice	25 Practice	26 Practice	27 No practice! ALL FORMS & FEES DUE
31 SPRING BREAK	April 1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK
6 Practice	7 Practice	8 Practice	9 Practice	10 No school (no practice)
13 Practice	14 Practice	15 Home meet (vs. Franklin @ WWS)	16 Practice	17 Practice
20 Away meet (vs. Hadley @ Glenbard West)	21 Practice	22 Practice	23 Practice	24 Away meet (vs. Jay Stream & Hubble @ Glenbard North)
27 Practice	28 Practice	29 Practice	30 Practice	May 1 Practice
4 Practice	5 Home meet (vs. Monroe & Leman @ WWS)	6 Practice	7 Practice	8 Away meet (vs. Stratford & Hadley @ Glenbard North)
11 Practice	12 Away meet (vs. Hubble @ WWS)	13 Practice	14 Practice	15 8th grade invite- Wohlhuter (@ St. Charles East HS)
18 Conference meet @ WWS	19	20	21	22 Uniforms due
TURN IN UNIFORMS TO YOUR COACH BY MAY 22nd!				

Thanks for thinking about being part of Edison's Track and Field team! Mr. Miller, Ms. Annes, Ms. Braun, & Mr. Hower are looking forward to another successful season! We hope you want to be part of Edison's "Big Track Attack." Everyone makes the team!

Remind: For practice and meet updates, we use **Remind** which will text/email you any updates. To sign up, text [@9h7g76](tel:9h7g76) to 81010 or send an email to 9h7g76@mail.remind.com.

Practice: We practice each day school is in session, rain or shine, from 3:15 PM until 4:10 PM. If the weather is bad, we practice in the gyms or rec area. We often go outside, **so keep warm clothes in your locker for use on colder days. We will be doing meet lineups 2 days before meets, so be sure to attend all practices.**

Required paperwork and fees:

- A physical within the last 12 months is required **before** participating in practice.
- \$125 fee (check payable to District 200. **Write student ID on memo line**)
- Parent permission and Information card (available from coaches at the first practice; yellow notecard)
- Concussion form (available on Edison/Athletics website) <http://goo.gl/e38Olw>

Attendance is expected every day. Email or send a note from parents if there will be an absence. **Athletes must be at practice the day before a meet in order to participate in the meet.**

Activity Bus: There is an activity bus each day at 4:15 PM to transport students home after practice. There is **NO ACTIVITY BUS ON FRIDAY**. Please make arrangements to be picked up **by 4:15 PM** on Fridays.

Home Meets: Our home meets are held at Wheaton Warrenville South High School. There will be a bus that all athletes are expected to ride to home meets. Meets begin around 4:30pm, depending on when the high school finishes practice and last 1.5 - 2 hours. Athletes are not required to stay for the entire meet, but encouraged to stay and cheer on teammates or help out at field events. **If you need to leave, please sign out with your coach.** There will be a bus that returns to Edison after the last event.

Away Meets: For away meets, we take a bus there AND back. You may ride the bus back to Edison after the meet or ride home with your parents from the meet. In order to go home with a friend a signed note from your parent is **required**. **If/when you leave from the meet, please sign out with your coach.**

Volunteers: Volunteers are needed to help run the field events at home meets. **NO EXPERIENCE NEEDED!** Send us an email or call Edison (630-682-2050) and ask for Mr. Miller, Ms. Annes, Mrs. Braun, & Mr. Hower if you have questions. Thank you!

Order of Running Events: (14 different events)

Hurdles
100 meter dash
1600 meter run
4x100 meter relay

400 meter run
4x200 meter relay
800 meter run
200 meter dash

4x400 meter relay
Field Events: long jump, triple jump, shot put,
high jump, discus

We look forward to a great season!

