



Fall Leaves

- Vestibular: Children log rolled on the mat over dry leaves and listened to the dry leaves crunching.
- Proprioceptive: children jumped and landed into bean bags pretending that they were jumping into a pile of leaves.
- Balance: Everyone took a turn walking across the balance beam holding onto leaves while moving the leaves around with their hands.
- Eye Hand Coordination/Vestibular: Children propelled themselves on scooter boards while on their tummies to pick up leaves.
- Fine-Motor: We received a paper with an outline of a leaf. We put glue all over the leaf outline. Next children crumpled up and sprinkled dry leaves over the glue.

To try at home: Find different varieties of leaves. Place under a piece of paper and rub with a crayon to create leaf rubbings.

