



Gingerbread Unit

- Proprioception: Bolster rolled over children to flatten out “cookie dough”
- Proprioception/Heavy Work: The dough is baked in the oven (lycra body sock) and then a gingerbread man pops out of the oven! The Gingerbread Man crawls through the “tunnel” to escape and run away!
- Balance: “Walk over the bridge” balance beam walk and over the “stepping stones in the river” to escape!
- Eye/Hand Coordination: Children use a parachute with gingerbread men placed in middle to try to pop them off.
- Art activity/Fine Motor: Gingerbread Man

