



Shapes and Colors

- Warm-Up: Children held different colored bean bags and rubbed on different body parts as instructed, such as “wake up your head! (arm, leg, etc).
- Tactile/Stereognosis: Children reached inside a bag to discover different shapes of different colors and were asked to feel how the shape felt and identify the shape.
- Vestibular: Children followed an obstacle course including jumping on a circular trampoline, jumping into differently colored hoops, then walking along differently-colored stepping stones.
- Proprioception: Children sat in a circle and kicked a large orange therapy ball from friend to friend.
- Eye-hand Coordination: Children imitated leader and followed directions to wave differently colored streamers when asked to by color.
- Fine Motor: Drop colored water via eye-droppers then spray colored water with spray bottles onto their piece of white cloth to make a colored design.

