



Snow/Winter Clothes Group

Balance/Figure Ground: Each child was given one mitten from a pair. They had to hop to the other side of the hall to find the second mitten to complete their pair of mittens.

Proprioceptive/Strength: Each child took turns sitting on the scooter board, (which we said was our sled). They had to propel themselves while wearing their own mittens and sled back down the hill.

Proprioceptive/Vestibular: Beanbag chairs were placed on the floor. Children were told that this is like a snow pile and we would pretend jumping into the snow pile.

Eye Hand Coordination: We passed cold bean bags back and forth and wore our mittens or gloves so the beanbags weren't too cold.

Fine-Motor: Children were a picture of a snowman and cotton balls. They had to rip apart the snowballs into smaller pieces and glue to the snowman picture. They added white glitter to complete the snowman scene.

Taste: The children traced in whipped cream the letter "S" (for snow) with their index finger and got to taste it!

