



Winter Animals

Proprioceptive/Strength: the children slid across the “ice” on their scooter board looking for polar bear fur (cotton balls). They had to use tongs to pick up the “fur.”

Balance: The children had to bring their “polar bear fur” over the artic landscape. They had to step on stepping stone “rocks.”

Proprioceptive/Vestibular: The children had to crawl through a snow tunnel to reach the next obstacle.

Vestibular: The children encountered a mountainous iceberg and had to slide down on their tummies! (therapy wedge)

Balance/Eye Hand Coordination: The children stood on a balance board to glue their polar bear fur to a photo of polar bears on the wall. Then they filled an artic scene with penguin stickers.

Fine-Motor: The children had to cut out two circles and glue together and add 2 smaller circles for ears. They also had to draw on a polar bear face.

