



Apple Unit

- Vestibular: We pretended to be tumbling apples by sitting on the floor hugging our knees to our chests and rolling back and forth.
- Proprioceptive: We pretended to “drive our cars” by lying on our stomachs on a scooter board, pushing with our arms to the “apple orchard” to go apple picking. The students picked up apples and “drove their cars” back.
- Eye Hand Coordination: We used the parachute and tossed “apples” up and down in the air as the children followed the moving apples with their eyes.
- Fine-Motor: The children used their fingers and hands to crumple up small pieces of tissue paper to make apples. They used a Q-tip for applying glue to the tree then placed apples on the glue spots. Using a Q-tip is great for working on refined control for painting tasks.

