

Activity

How Big?

Things have different sizes and weights.

- Talk with your child about things that are big (tree), little (ladybug), heavy (bag full of groceries) or light (flower).
- Give your child two objects of different sizes (e.g., banana and cheerio) and weights (e.g., feather and melon). Ask them your child to tell you whether the object is big or little, heavy or light.





How Big?



To help your child succeed, you can:

- Stand close to your child and compare sizes (You are little. I am big).
- Play games where you and your child can curl up small and stretch up tall.
- Take turns at lifting each other. Explain that your child is light and that you are heavy.

To make this activity more challenging, you can:

- Have your child fit containers (e.g., plastic bowls) of different sizes inside each other.
- Give your child objects of different sizes or weights. Ask your child to put them in order from little to big or from light to heavy.
- Help your child measure and weigh things.

