

# ARE YOU FACING CHALLENGES?

FREE GROCERIES AND OTHER RESOURCES ARE AROUND THE CORNER



Everyone needs help sometimes. If you find yourself facing tough times, know that your community is here for you. We provide emergency food and groceries for as long as you need it, with no judgment. We can also connect you with other community organizations that offer additional support as you build a better future for you and your family.



Access the service(s) that work best for you:

## IN-PERSON FOOD PANTRY

Find food for a well-balanced and healthy diet, including eggs, dairy, frozen meat, and produce, AND personal care items, baby diapers and wipes, paper goods, and cleaning supplies.

## VIRTUAL FOOD PANTRY

Shop for free groceries by placing a virtual order online and choosing a convenient pickup time and place.

## FREE WORKSHOPS

Register for virtual and in-person events that offer information you can use to better your mental, physical, and financial health.

## PERSONALIZED SUPPORT

Gain access to information, resources, and coaching tailored to you as you work toward self-sufficiency.



Start your private, online grocery order today at **VirtualFoodPantry.net** or visit **WSCPantry.org** for more information.

If you have questions or need your groceries delivered, call **630-512-9921** or email **virtualfoodpantry@wspantry.org**. Find us at 6809 Hobson Valley Drive, #118, Woodridge, IL