

Name: Type Name Here

Class: Type Class Here

Week: FIELD WEEK (WEEK 9)

FIELD WEEK!

Directions: Each day K-2nd will need to participate in at least 5 minutes of physical activity. Each day 3rd-5th will need to participate in at least 10 minutes of physical activity. Please record what type of physical activity you participated in each day and for how long. Examples of physical activity are: fitness workout, dance, yoga, sport, outdoor leisure activity, or active game play. A variety of activities are provided in the following pages.

Return completed fitness worksheet to your P.E. Teacher.
Questions? Erica.ortiz@cusd200.org & Kristina.holtquist@cusd200.org

Monday	Tuesday	Wednesday	Thursday	Friday
Click the link below to hear about this week's field week activity. Monday's Field Week Activities! Type Activity Here	Click the link below to hear about this week's field week activity. Tuesday's Field Week Activities! Type Activity Here	Click the link below to hear about this week's field week activity. Wednesday's Field Week Activities! Type Activity Here	Click the link below to hear about this week's field week activity. Thursday's Field Week Activities! Type Activity Here	Click the link below to hear about this week's field week activity. Friday's Field Week Activities! Type Activity Here



Virtual Field Week 2020

Information will be provided daily from Monday, May 18th through Friday, May 22nd.

Please click below to Join 8:30 A.M.Daily

<https://www.youtube.com/communityunitschooldistrict200>

Video Submission of “Your Field Events” can go to

1. communications@cusd200.org
2. Texted to 630-327-6059
3. Or Your Home School’s P.E. Teacher:

Kristina.holtquist@cusd200.org or Erica.ortiz@cusd200.org



***** Videos are not required but are greatly appreciated! *****

You can follow CUSD 200 students at:

Facebook - www.facebook.com/district200

Instagram www.instagram.com/cusd200

Twitter www.twitter.com/cusd200

Tag us! #YourCommunitySchools

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Monday	Tuesday	Wednesday	Thursday	Friday
Type Activity Here	Type Activity Here	Type Activity Here	Type Activity Here	Type Activity Here
How much time did you exercise for?	How much time did you exercise for?	How much time did you exercise for?	How much time did you exercise for?	How much time did you exercise for?